



Available in
live virtual
&
self-paced online
formats

As Implemented in Boys & Girls Clubs throughout the U.S.



"I am excited to use
what I have learned
today!"

"I really appreciated
the self-paced learning!
It allowed me to go faster
in areas that were familiar
and take more time in
concepts that
were new!"

"Practical solutions,
clear explanations!"

What is PAX Tools?

PAX Tools is a collection of research-based strategies to improve cooperation and self-regulation in children. PAX Tools provides a unified approach to behavior for organizations and professionals throughout your community and allows young people to experience nurturing environments supported by caring adults in community settings and at home. **PAX Tools for Youth Workers** provides trauma-informed, evidence-based strategies for those working with youth in the community during out-of-school time.

About PAX Tools for Youth Workers

This training is available in live virtual and self-paced online formats and consists of 4 content hours where participants learn how to implement eight evidence-based strategies in their everyday interactions with young people. Participants will receive all the materials needed to implement PAX Tools with the children they serve. Upon completion of the course, participants will be equipped with eight trauma-informed PAX Tools strategies they can begin using as soon as the very next day!

You will learn about...

- the unique influence youth workers have on young people
- how to teach behavior as a skill set
- the importance of a trauma-informed approach
- how to create a nurturing environment for young people

Who should attend PAX Tools for Youth Workers?

Ideal participants might serve in one of the following roles:

- ✓ **Camp Counselors**
- ✓ **Part-time Staff**
- ✓ **Recreational Staff**
- ✓ **Seasonal Staff**
- ✓ **Volunteers**
- ✓ **Youth-development Professionals**
- ✓ **Youth Mentors**
- ✓ **AND MORE!**

For More
Information

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PAX = Peace • Productivity • Health • Happiness

