

As implemented in Boys & Girls Clubs, YMCAs, and out-of-school organizations across the U.S.!

## What is PAX Tools for Youth Development?

**PAX Tools for Youth Development** is a collection of trauma-informed evidence-based behavioral strategies for adults who work with young people in an out-of-school time setting. These strategies promote the development of self-regulation in young people, reduce conflict between young people and adults, and improve relationships. Professionals who attend training will receive all the strategies and materials they need to use PAX Tools with the young people they work with right away.



Children exposed to PAX Tools have demonstrated fewer symptoms of depression.

\*p < .05 in a Washington State study

## About PAX Tools for Youth Development Training

PAX Tools for Youth Development training is available in **live virtual and in-person formats**.

This training consists of **6 content hours** during which participants learn to implement trauma-informed evidence-based strategies to facilitate the work they do with young people every day. Participants receive all materials needed to implement PAX Tools with the children they serve.

## Who Should Attend PAX Tools for Youth Development Training?

Participants might serve in one of the following fields:

- ✓ Out-of-School Time
- ✓ Youth Development
- ✓ Youth Mentorship
- ✓ Summer & Day Camp Leadership
- ✓ Youth Activities Coordination
- And MORE

## FORMOREINFO

VISIT paxis.org/pax-trainings/

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